

Wednesday 11th
9.00am - 1.00pm

Lakeside Hotel
V94 E2D6

Information Desk

Hotel Lobby Front Desk

For ticket assistance and all other queries visit our helpdesk in the hotel lobby

Wednesday 11th
10.00am - 11.30am

Lakeside Hotel
V94 E2D6

Innovation and Design Workshop

Dr. Lorna Ross
Oak Room at The Lakeside

A practical workshop exploring creativity, innovation, and design thinking through discussion and hands-on exercises.

Wednesday 11th
12.30pm - 2.00pm

St. Flannan's Cathedral
V94 FD36

Mindfulness and Movement Workshop

Joe Forde

Qigong is an ancient health system that combines flowing movements, deep breathing, and meditation to reduce stress, improve health and balance.

Wednesday 11th
3.00pm - 5.00pm

The Barn
V94 F5D7

Movies in the Barn

Exclusive screening of Wilding
Followed by Panel Discussion

A powerful documentary about rewilding, biodiversity, and restoring balance to natural ecosystems. Based on the book by Isabella Tree.

Wednesday 11th
7.00pm - 9.00pm

Goosers Bar & Eating House
V94 R678

Panel Event at Goosers

Stephen Kinsella,
Paul Hayes
Cathy Halloran
David McWilliams

An evening panel discussion with invited speakers, followed by informal conversation and live music.

Wednesday 11th
9.00pm - 10.00pm

Goosers Bar & Eating House
V94 R678

Guided Ukulele Jam

Kieran O'Dea

An interactive and immersive Ukulele session with community music leader Kieran O'Dea.
Doors @ 8.45pm

WITH THANKS



Homely



Comhairle Contae Thíobraid Árann
Tipperary County Council

Ei Electronics®



COMHAIRLE CONTAE AN CHLÁIR
CLARE COUNTY COUNCIL

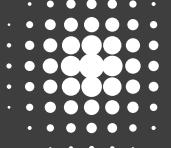


DEVELOPMENT
COMMISSION

The Lakeside
HOTEL & RESORT CENTRE



*schedule, lineup and locations may be subject to change



Thursday 12th

8.00am - 9.00am

Cula Yoga Studio
V94 AEX9

Yoga at Cula Studio

Suitable for all levels.
All equipment provided

An accessible yoga session designed to ease tension, restore balance, and reconnect mind and body.

Thursday 12th

10.00am - 11.30am

Lakeside Hotel
V94 E2D6

**Growth to Thriving:
Community Workshop**

Viv Chambers of Bricolage
Oak Room at The Lakeside

Based on the theory of Doughnut Economics;
An action lab for communities - exploring sustainability and achievable environmental change.

Thursday 12th

12.30pm - 2.00pm

The OakRoom Lakeside
V94 E2D6

**Authors Reading
at the OakRoom**

Evelyn Cusack, David Gillick,
David McWilliams

An intimate lunchtime reading featuring invited authors, with proceeds supporting the festival's charitable partner NALA (National Adult Literary Agency).

Thursday 12th

3.00pm - 5.00pm

The Barn
V94 F5D7

Movies in the Barn

Exclusive screening of Underland
Followed by Panel Discussion

A visually arresting film inspired by Robert Macfarlane's bestselling book, Underland explores the hidden worlds beneath our feet.

Thursday 12th

2.00pm - 5.00pm

Twomilegate
V94 3V52

Sauna at the Lake

Check the ticket page
for more information

A relaxing sauna experience encouraging connection with nature, wellbeing, and seasonal rhythms.

Thursday 12th

7.00pm - 10.00pm

The Lakeside Hotel
V94 E2D6

Headline Event Lakeside

David McWilliams, Cathy Halloran, Kim Mackenzie-Doyle, David Gillick, and Aine Kerr;
with music from Gemma Hayes

An evening of talks and music featuring leading voices in creativity, innovation and connection.

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resonance-loughderg.com