

EVENT SCHEDULE



Resonance

4 SEPT

5 SEPT

STREAM A

STREAM B

Time	Stream A	Stream B
9:00 AM	REGISTRATION	
9:30 AM	from 9am at The Lakeside Hotel, Ballina	
10:00 AM	LEADERSHIP WORKSHOP Immersive Virtual Reality Experience at the Lakeside Hotel	WELLNESS WORKSHOP Forest Bathing at TwoMileGate
10:30 AM		
11:00 AM		
11:30 AM		
12:00 PM		
12:30 PM		
1:00 PM	NETWORKING LUNCH	
1:30 PM	NETWORKING LUNCH	
2:00 PM	NETWORKING LUNCH	
2:30 PM		
3:00 PM	WELLNESS WORKSHOP Forest Bathing at TwoMileGate	LEADERSHIP WORKSHOP Immersive Virtual Reality Experience at the Lakeside Hotel
3:30 PM		
4:00 PM		
4:30 PM		
5:00 PM		
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7:00 PM		
7:30 PM	UKULELE EVENING Fringe Event at the Wooden Spoon, Ballina	HEADLINE EVENT An eclectic line-up on the Source Stage featuring thought-provoking speakers and live music from Jerry Fish. Doors at 7pm. Show starts 7.30pm SHARP.
8:00 PM		
8:30 PM		
9:00 PM		
9:30 PM		
10:00 PM		
10:30 PM		
11:00 PM		
11:30 PM		

MORNING YOGA

Fringe Event at the Lakeside Hotel with Cúla Yoga

SAUNA CABIN

Fringe Event at TwoMileGate
Book your slot

NETWORKING LUNCH

MYTHS & LEGENDS

Fringe Event - Historical talk at Killaloe Library



AFTERS